

APRIL 2021

St Henry Elementary School Lunch Menu

Fitness Tip: Find ways to increase physical activity. You could try to:

- Play a sport like basketball, softball, or soccer
- Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV

Monday

Tuesday

Wednesday

Thursday

Friday



No School!

5

Hamburger Sandwich
Baked Chips
Baked Beans
Pears
Milk
Alt – Turkey Sandwich

6

Chili Soup
Goldfish Crackers
Saltines
Carrots & Celery
Mandarin Oranges
Milk
Alt – Hot Dog Sandwich

7

Stuffed Breadstick
Romaine Lettuce or Baby Carrots
Fruit
Brownie
Milk
Alt – Cold Meat Sandwich

1

No School!

2

Creamed Turkey
Mashed Potatoes
Butter Bread
Peaches
Milk
Alt – Ham Sandwich

8

Chicken Nuggets
Corn
Dinner Roll w/Jelly
Fruit
Milk
Alt – Cold Meat Sandwich

9

Mini Corn Dogs
Baked Beans
Baby Carrots
Mandarin Oranges
Milk
Alt – Turkey Sandwich

12

Taco Meat
Doritos
Iceberg Lettuce
Cheese
Pears
Milk
Alt – Hot Dog Sandwich

13

BBQ Rib Sandwich
Peas & Carrots
Banana
Fudge Bar
Milk
Alt – Ham Sandwich

14

Chicken Drumstick
Mashed Potatoes
Dinner Roll w/Jelly
Applesauce
Milk
Alt – Turkey Sandwich

15

Pepperoni Pizza Ripper
Romaine Lettuce
Fruit
Jonny Pop
Milk
Alt – Cold Meat Sandwich

16

Popcorn Chicken
Celery
Applesauce
Dinner Roll w/Jelly
Milk
Alt – Ham Sandwich

19

Chicken Quesadilla
Carrots
Pineapple
100% Fruit Juice
Milk
Alt – Bologna Sandwich

20

Ham & Cheese Sandwich
Baked Chips
Green Beans
Grapes
Milk
Alt – Turkey Sandwich

21

Italian Meatballs
Potato Smiles
Breadstick w/Sauce
Peaches
Milk
Alt – Turkey Sandwich

22

Taco Pizza
Romaine Lettuce
Fruit
100% Fruit Juice
Milk
Alt – Cold Meat Sandwich

23

Chicken Patty Sandwich
California Blend
Pears
100% Fruit Juice
Milk
Alt – Turkey Sandwich

26

Salisbury Steak w/Gravy
Mashed Potatoes
Butter Bread
Peaches
Milk
Alt – Bologna Sandwich

27

Campbell's Chicken Noodle Soup
Carrots
Fresh Orange
Pretzel Pkg
Saltines
Milk
Alt – Hot Dog Sandwich

28

Chicken Tenders
Baked Beans
Romaine Lettuce
Pineapple
Milk
Alt – Ham Sandwich

29

Cheese Pizza
Green Beans
Frozen Yogurt
Fruit
Milk
Alt – Cold Meat Sandwich

30

PLEASE NOTE: Menus are subject to change based on product availability
This institution is an equal opportunity provider.

