

FEBRUARY 2024

St. Henry Middle/ High School

February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Monday

Chicken Patty Sandwich
Lettuce, Tomato, Onion
Potato Smiles
Fruit
Milk

Alt- Deli Sandwich

Chicken Nuggets
Baby Carrots
Corn
Pasta Salad
Fruit/ Milk
Alt- Hotdog Sandwich
Nacho Bar- No Salads

No School!!

(Mashed Potato Bowl)
Popcorn Chicken
Mashed Potatoes
Dinner Roll
Fruit
Milk
Alt- Deli Sandwich

Tuesday

Biscuits & Gravy
Hashbrown
Yogurt
100% Fruit juice
Milk

Alt – Deli Sandwich

Taco Pizza
Iceberg Lettuce
Salsa
Black Beans
Fruit
Milk
Alt- Deli Sandwich

Chipotle Chicken Bowl
Rice/HS – Tortilla Chips
Romaine Lettuce
Black Beans
Cheese & Salsa
Fruit/Milk
Alt – Deli Sandwich

Soft Taco
Refried Beans
Corn Salsa
Fruit
Milk
Alt- Deli Sandwich

Wednesday

Italian Meatballs
Caesar Salad
Breadstick w/ Sauce
Fruit
Milk

Alt- Deli Sandwich

Cheese Ravioli
HS- Garlic Breadstick
Green Beans
100% Fruit Juice
Milk

Alt- Grilled Cheese Sandwich

BBQ Chicken Pizza
Baby Carrots
Fruit
Pudding
Milk
Alt-Calzone

Hamburger Sandwich
Lettuce, Tomato, Onion
Sweet Potato Fries
Fruit
Milk
Alt- Deli Sandwich

Thursday

Chicken Drumstick
Mashed Potatoes
Dinner Roll with Jelly
Corn/ Applesauce
Milk
Alt- Deli Sandwich

Baked Potato Bar- No Salads

Chicken Tenders
Romaine Lettuce
Black Beans
Fruit
Milk

Alt- Deli Sandwich

Salisbury Steak
Mashed Potatoes
Butter Bread
Fruit
Milk

Alt- Deli Sandwich

Taco Soup
Tortilla Chips
Baby Carrots
Fruit
Milk
Alt- Deli Sandwich

BBQ Pork Sandwich
California Blend
Coleslaw
Fruit
Milk
Alt- Deli Sandwich
Asian Bar- No Salads

Friday

Bosco Stick
Broccoli & Cheese
String Cheese
Fruit
Sidekick
Milk
Alt- Hotdog Sandwich

Pepperoni Pizza Ripper
Romaine Lettuce
Fruit
Jonny Pop
Milk

Alt- Deli Sandwich

No School!!

Grilled Cheese Sandwich
Corn OR Tomato Soup
Yogurt
Fruit
Alt- Jalapeno Bites

PLEASE NOTE: Menus are subject to change based on product availability
This institution is an equal opportunity provider.